

(TMI Focus, Vol. XXVIII, No. 3&4, Winter/Spring 2006)

MEMBER CDS

Communicate with your Pet / Heart Meditation

TMI continues to broaden its outreach by collaborating with experts in other areas of consciousness expansion. In this mailing we are pleased to offer you a preview of two new endeavors in which Hemi-Sync is combined with the work of Patty Summers and Mark Macy.

Communicate with your Pet (in collaboration with Patty Summers)

Track 1: Patty explains what it means to be an animal communicator. She offers examples of how to give and receive messages and discusses the forms that communications may take. Track 2: An experiential exercise with Hemi-Sync begins with deep relaxation. From a place of centered calm and balanced energy, awareness moves to the heart. Feel the love and compassion that reside within this space. After connecting with the animal friend of your choice, you are guided through a sequence of steps for establishing communication.

Heart Meditation (in collaboration with Mark Macy)

Mark describes the need for our conscious minds to become aware of our spiritual natures. His meditation begins with deep relaxation, followed by moving awareness to the heart and connecting with Source. Portals open to realms of light.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.

© 2006 The Monroe Institute